Chocolate Mint







Though chocolate mint is named more for the color of its branches than for the flavor, there's enough of a hint to add a refreshing twist to chocolatey desserts.





Mentha piperata 'Chocolate'

- <u>Use</u>: Crush fresh leaves into water for a refreshing beverage, or add to tea or coffee. You can also dry leaves for flavoring desserts, like ice cream, meringues, quick breads, or cakes. Pick leaves frequently. Excellent for containers.
- <u>Exposure/Soil</u>: Plant in moist, fertile soil in light shade to full sun. Chocolate mint thrives alongside water gardens or in damp spots in the yard.
- <u>Growth</u>: Grows 18-24" tall and wide. Stems tend to run rampantly over—and under—soil. In small garden spaces, it's best to tuck chocolate mint into a pot to curtail its wandering ways. Space plants 3' apart.
- Hardiness: Zone 3-11; Perennial, Herb
- Foliage: Deciduous; leaves have a delightful minty chocolate flavor, much like the classic Girl Scout cookie.
- Flower: Plants open lavender blooms in late summer.

Did you know that we recycle empty pots and trays? Please bring them back! Save the Earth!